

THE AKASHIC ACADEMY

AKASHIC JOURNAL

MODULE 7

Characteristics of the Akashic Records

The Akashic Record characteristics are:

1. Unconditional Love
2. Zero Judgment
3. Free will (the Records NEVER tell you what to do.)

If you find that ego has penetrated your space of the Akashic Records, simple take a moment to resound the 5 Oms and continue.

Exercise 6

Exploring how the Akashic Records can assist you in your present life, and searching for areas where you can expand your growth (*without judgment*).

Do the following:

- Run your energy connecting your central column of light into the crystalline core of Mother Earth and into the space of Ether.
- Sink your consciousness from your head/brain, into your heart space.
- Sound the 5 sacred Oms. (It is important to speak these out loud as our voice creates our reality.)
 1. With this Om, I relax my body.
 2. With this Om, I relax my mind.
 3. With this Om, I release my ego.

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4. With this Om, I call in the light.
5. With this Om, I open the Akashic Records of _____.
(Fill in the blank of the person's full name.)
 - Get a sense of the energy in this realm. Ask to be attuned to this higher frequency.
 - Ask your Masters, Teachers, Loved Ones and Guides how you can use the Akashic Records for your Highest Good, and for the Highest Good of those around you.
 - Ask your Masters, Teachers, Loved Ones, and Guides what aspect of yourself can you work on to grow and improve.
 - Ask for steps you can take to achieve growth in this area.
 - Give thanks for all knowledge and healing, acknowledge the energy of oneness, and sound a final Om to close your Akashic Records.

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Module 7/Day 2

Characteristics of the Akashic Records

The energy of UNCONDITIONAL LOVE is a very high vibrating and powerful frequency. So high, that many of us do not have the energetic capacity to hold that kind of frequency. Listen to meditation on unconditional love and record your take aways here.

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Module 7/Day 3

Characteristics of the Akashic Records

As light workers, we are finding our way through properly managing all the energies on the planet. After reading the article for today, record your take aways here.

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Module 7/Day 4

Characteristics of the Akashic Records

Today, listen to this transmission. You will be entering a healing pod of light energy that will prepare your light body for more healing. Record your take aways here.

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Module 7/Day 5

Characteristics of the Akashic Records

Take a light bath. Open your Akashic Records and ask to be attuned to the highest frequencies possible. Sit in the energy and allow your light body to receive the upgrades. Records your take aways here.